



New Life Stories Limited

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what do we do?

New Life Stories

what we do



We support child with a
fair start
in life by being being more
school-ready.

We support mothers to be
resilient & engaged mothers

New Life Stories

what we do



We support families to
break the cycle of incarceration

Together, mother and child are able
to **re-write new stories of their lives**



*why are
we doing
this?*

Situational Analysis

why we do



“The odds of offending for children with incarcerated parents are on average **2.5 times higher** than for those with parents who are not offenders”

- *Dr Sytske Besemer of the University of California, Berkeley*

Situational Analysis

why we do



The children we support experience at least 3 -4 of following Adverse Childhood Experiences (ACES):

ABUSE



Physical



Emotional



Sexual

NEGLECT



Physical



Emotional

HOUSEHOLD DYSFUNCTION



Mental Illness



Incarcerated Relative



Mother treated violently



Substance Abuse



Divorce

Situational Analysis

why we do



Young children experience separation anxiety and development regression when their parents are incarceration. Research report, on parent-child separation (*Johnston, 1995*) on prevention of intergenerational offending found the following progression:

Parent-Child Separation

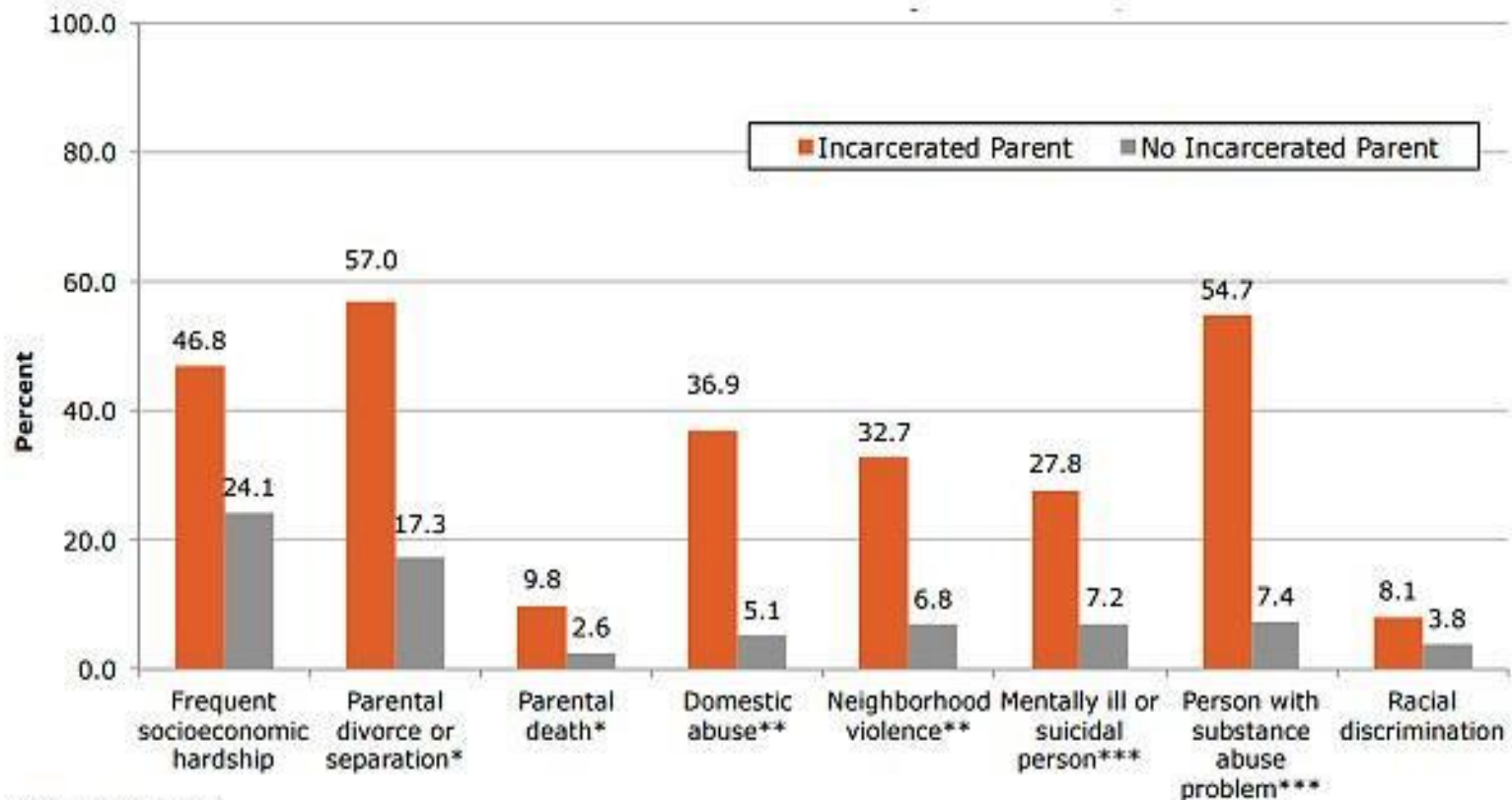
- **2-6 years:** Separation anxiety, developmental regression, impaired development of initiative
- **7-10 years:** Developmental regression and poor self-concept
- **11-14 years:** Child rejecting the limits of behaviours
- **15-18 years:** Early termination of the dependency relationship between parent and child



ACES and Parental Incarceration



Parental incarceration is associated with numerous other adverse childhood experiences, 2011-12



*Resident parent

**Victim or witness to

*** Residence with
















Source: Child Trends' analysis of the National Survey of Children's Health, USA

Situational Analysis

why we do



Studies have shown that children who experienced 3 to 4 ACEs will have a few of the following effects as adults:

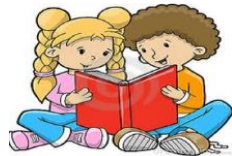
BEHAVIOR				
				
Lack of physical activity	Smoking	Alcoholism	Drug use	Missed work
PHYSICAL & MENTAL HEALTH				
				
Severe obesity	Diabetes	Depression	Suicide attempts	STDs
				
Heart disease	Cancer	Stroke	COPD	Broken bones



...how we address the situation to help
mother and child
re-write their life stories

New Life Stories

Early Reader
Out-Care Program



Love Without Walls
In-Care Program



Mother

Beyond the Walls
After Care Program



Befriender & Mother

Together... ***Creating New Life Stories***



why reading?



Stories are the
oldest
communication
form

We encounter stories on a daily basis



- Fictional stories

- Novels
- Soap operas
- Plays
- Films



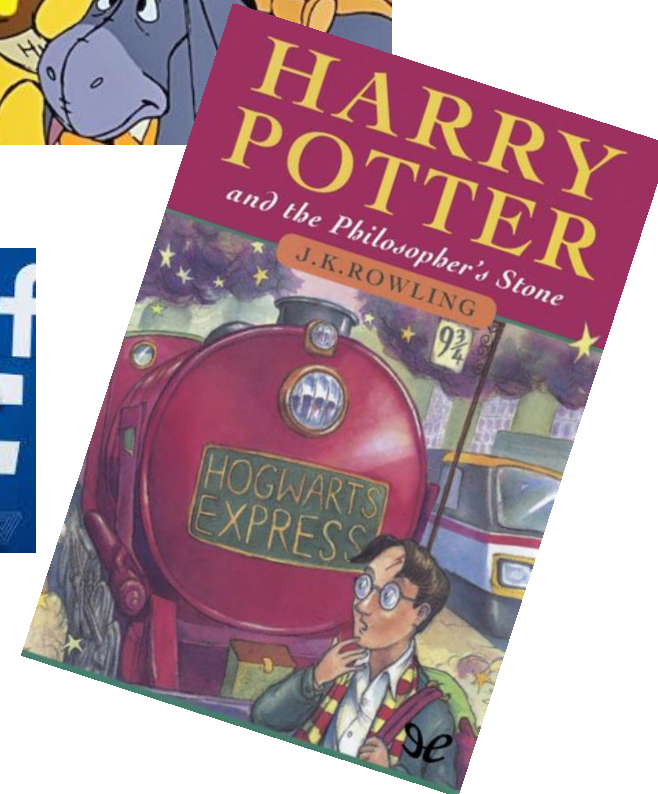
- News stories

- TV news
- Newspapers
- Online



- Personal stories

- Conversations
- Social media



We think in stories



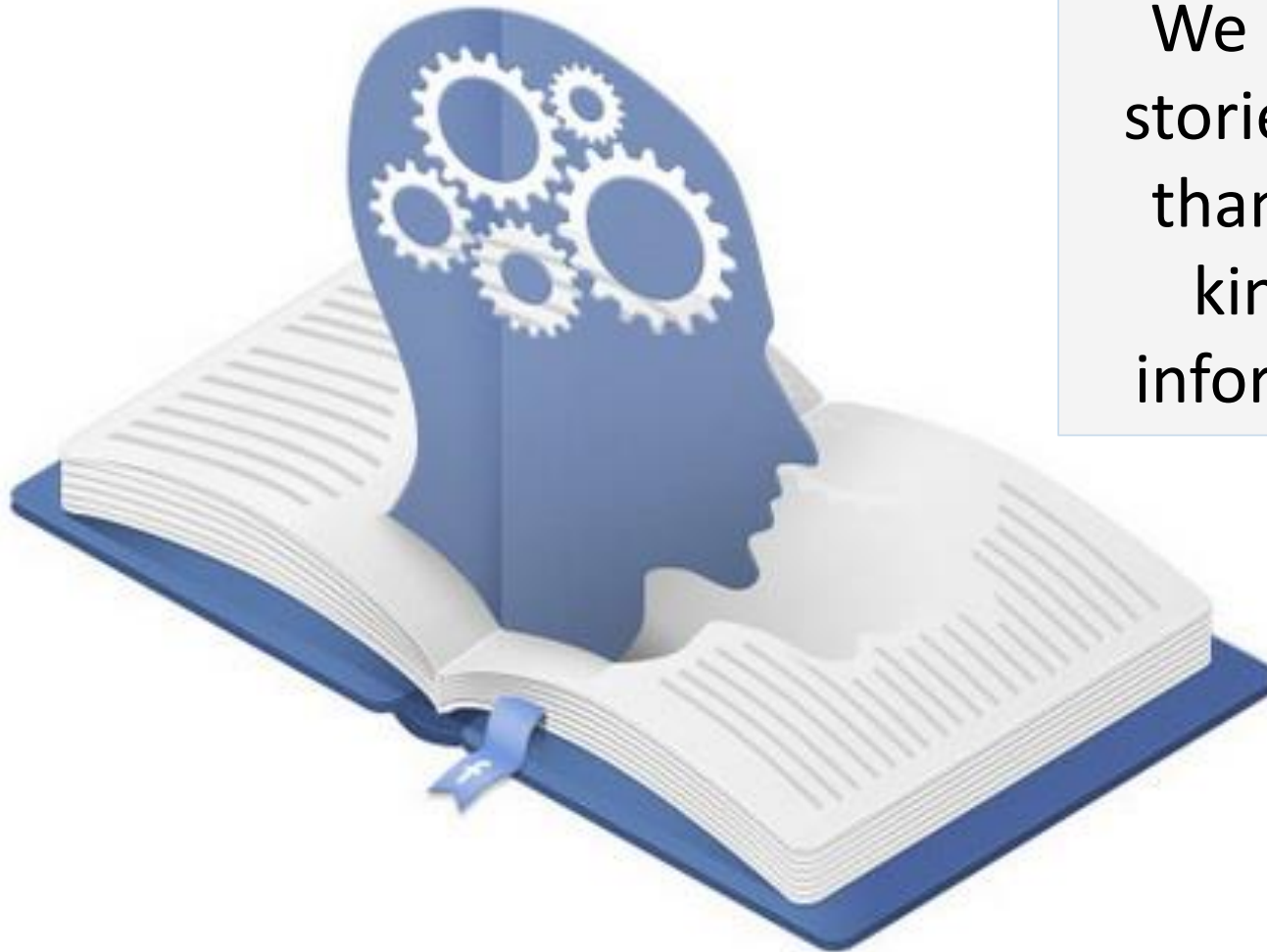
Personal stories
make up 65% of
our
conversations

Stories connect with our emotions



Good stories
touch us
emotionally

Our brains are hardwired for stories...



We absorb
stories more
than other
kinds of
information



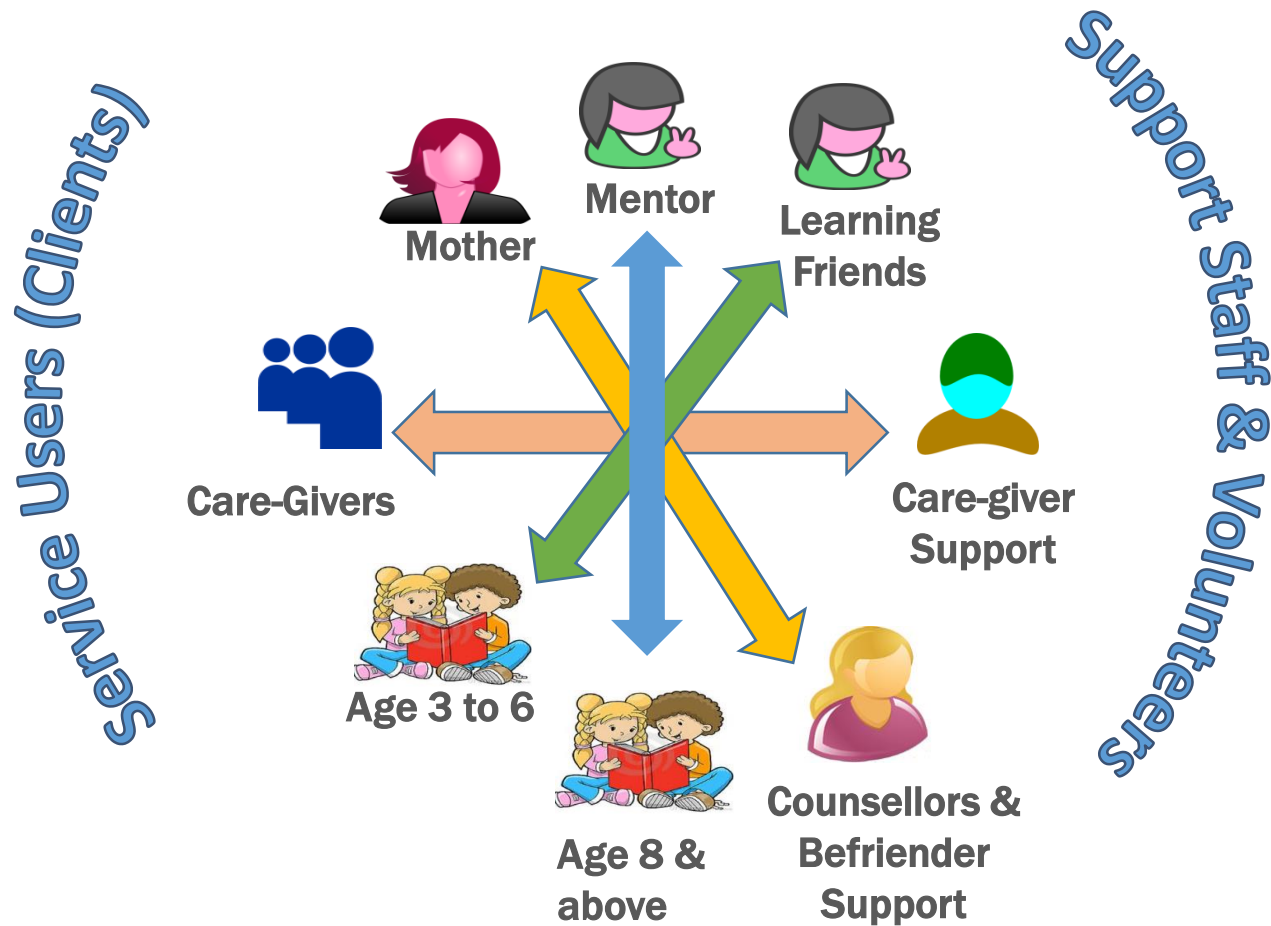
*how do we do
this?*

New Life Stories

how we do



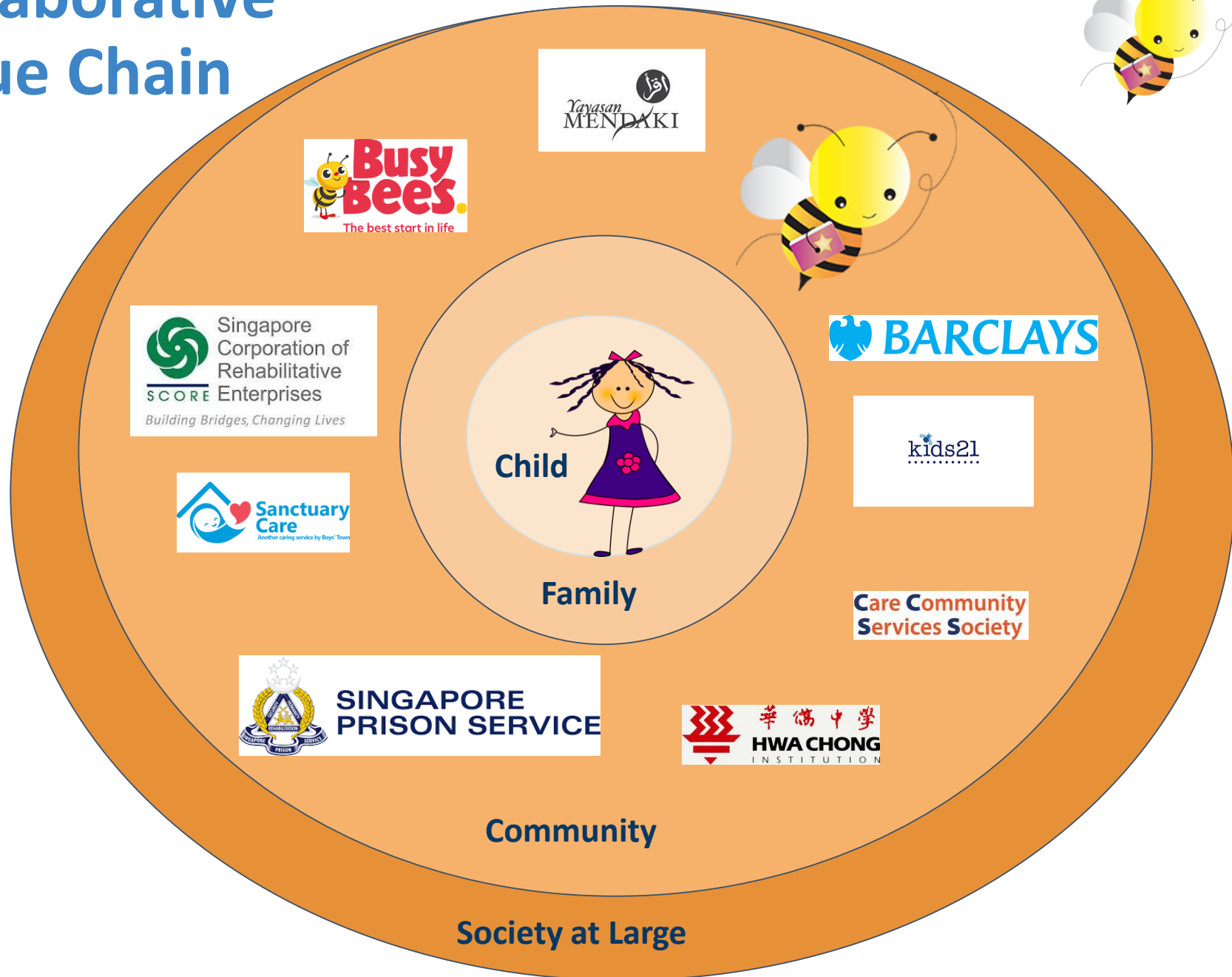
Operating Model





*how do we
harness synergy
& mobilise the
community?*

Collaborative Value Chain





HOW DOES IT WORK?



Singapore Prison Service
Your incarcerated loved one requests support for you and your family.



Yellow Ribbon Community Project
We visit you to understand how we can help your family by offering services.



Family Service Centre
Work with you to manage your family's challenges and provide community aid to meet your immediate needs.



Direct Services Agencies
We offer free programmes to help your children and family.



Tuition & Education Support



Mentorship Programme



Bonding & Enrichment Activities



Parenting Skills & Support Groups for Caregivers



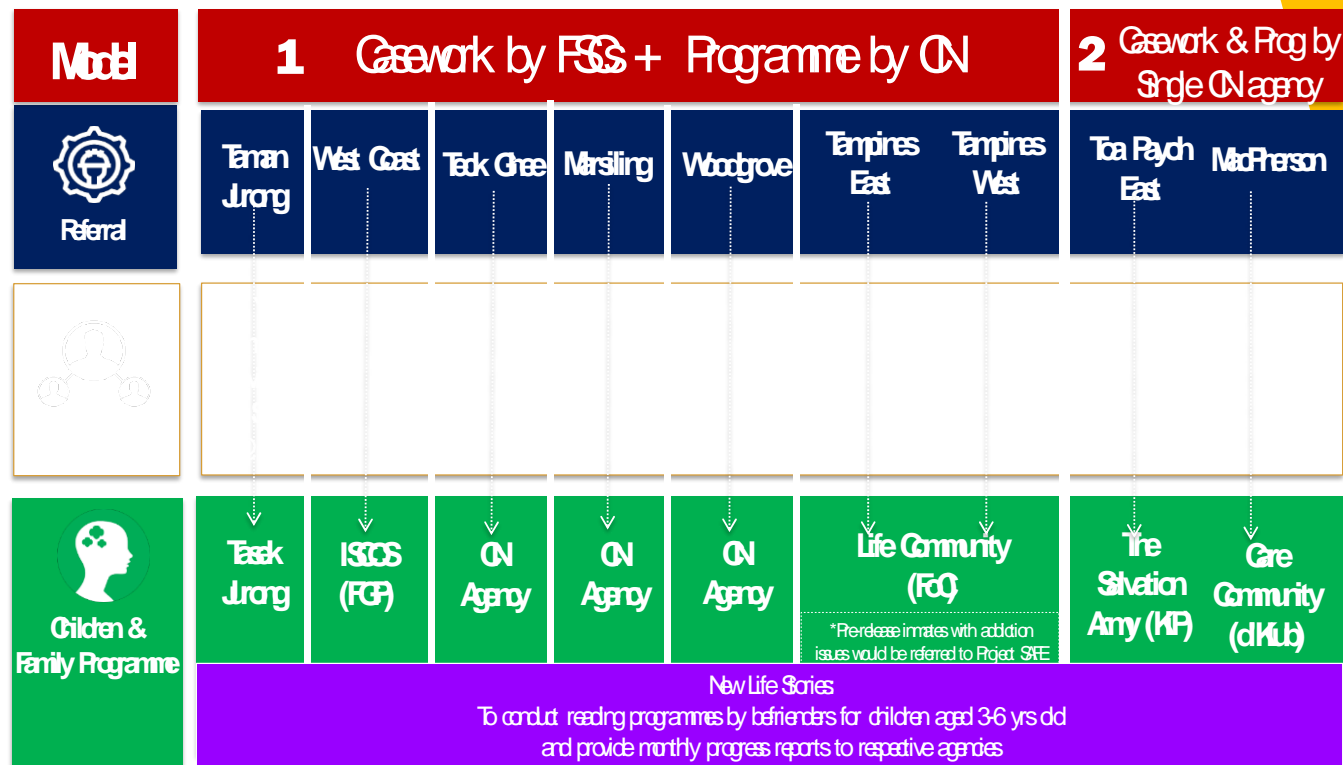
Tailored Model to District



MODEL 1

SS
↓
SNA
↓
CSS

*Brief clients and obtain consent



MACPHERSON



REFERRAL

Yellow Ribbon Community Project (YRCP)

Also supported by People's Association



CASEWORK + CHILDREN & FAMILY PROGRAMME

d'Klub



- Tuition
- Child mentoring programme involving character-building



- Family bonding session and children outing
- Manage family challenges

**Care Community
Services Society**

New Life Stories

Reading programmes for children aged 3-6 years old



TAMPINES EAST



REFERRAL

Yellow Ribbon Community Project (YRCP)

contact us



CASEWORK

**Care Corner Tampines Family Service Centre/
Methodist Welfare Services Family Service Centre**

CHILDREN & FAMILY PROGRAMME

Friends of Children



- Academic support / I Coach U
- Tuition Programme
- Activities / Outings
- Birthday celebrations
- Befriender



- Regular food rations
- Home visits / Counselling / LCSS In-house Guidance Program
- Financial / Bursary / Referral for employment



New Life Stories

Reading programmes for children aged 3-6 years old



SEMBAWA NG



REFERRAL

Yellow Ribbon Community Project (YRCP)



CASEWORK

Family Service Centre

CHILDREN & FAMILY PROGRAMME

MENDAKI



- Play Therapy



- Parenting

New Life Stories

Reading programmes for children aged 3-6 years old



New Life Stories

how we do



In-Home & Experiential for Children

24 Months



Reading with the child

Once a week, 1 hour
per session



Experiential Learning

Educational field trips for
children in the program

New Life Stories

how we do



In-Prison Mother Program

24 Months

Activities



Audio Reading



Write a Story to the child



Modular



Forgiveness

Parenting

Resilience

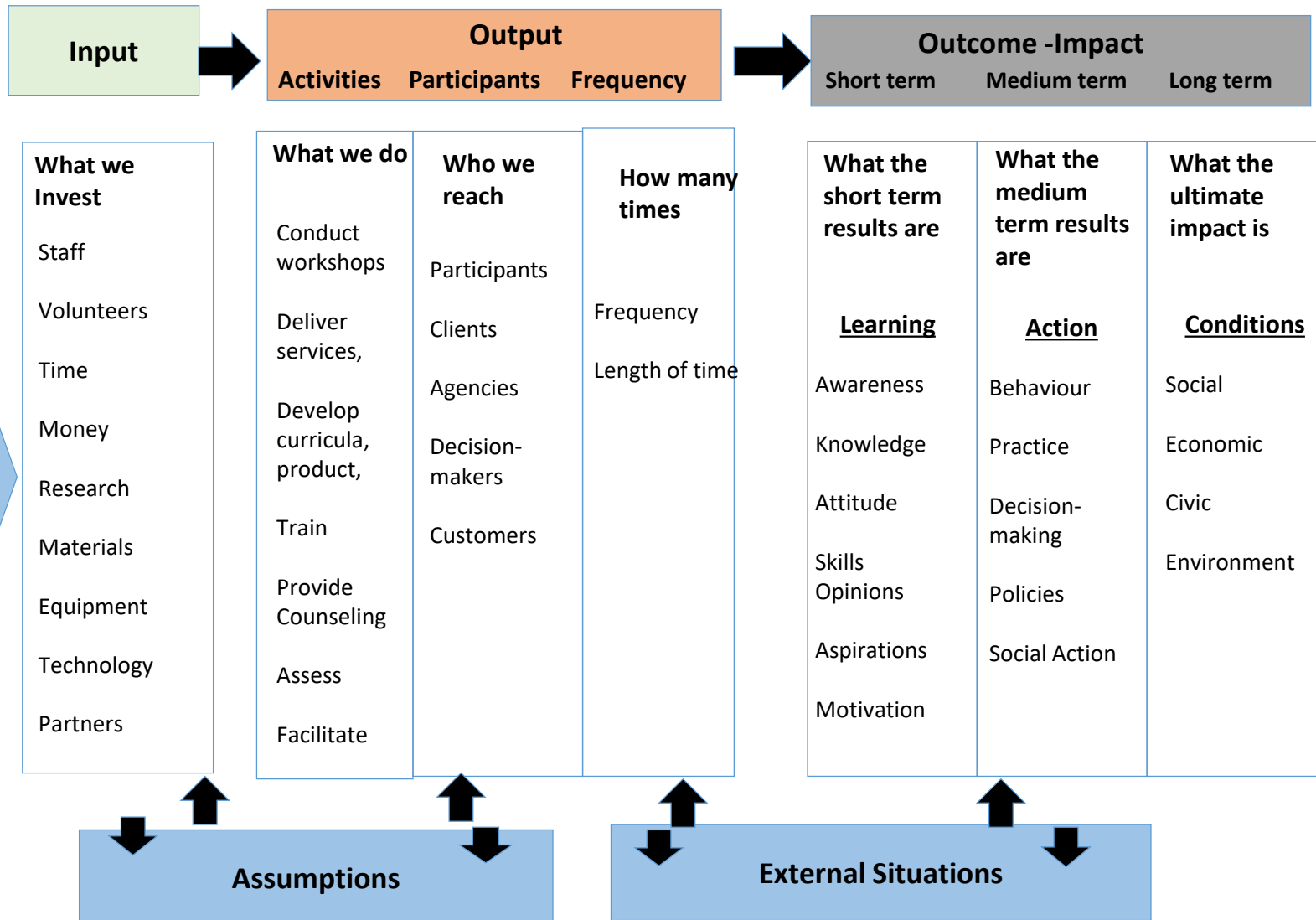
Planning

Communication Skills



*how we measure
our outcomes?*

Our Theory of Change Model



New Life Stories

how we do



Outcome Indicators

Mother 

Child 

Both 

Measurable Outcomes

- | | | |
|--|---------------------------------------|---|
| ❖ Increased sense of responsibility in mothers | ❖ Increase in child's self-confidence | ❖ Preserve and strengthen mother/child relationship |
| ❖ Increase mothers' resilience level | ❖ Increase pro-social skills | ❖ Increase in child's and mother's communication skills |
| ❖ Reduction in recidivism | ❖ Increase in reading level | |
| | ❖ Academic progression | |

Long Term Impact

- | | | |
|--|--|------------------------------------|
| ❖ Sustained reintegration with family | ❖ Reduced risk of dropping out of school | ❖ Upward social mobility of family |
| ❖ Sustained employment | ❖ Reduced risk of youth becoming involved in the juvenile justice system | |
| ❖ Sustained reintegration with society | ❖ Academic progression | |

New Life Stories

how we do

Output Indicators



Output Indicators	Annual Target	Verification Tool	Reason/ Comments on Indicator/ Target Set
<u>Child</u> : Number of Reading Session	52 sessions per year	Attendance Report, Weekly Feedback Form and Quarterly Focus Group Discussions	1 hour per session
<u>Child</u> : Number of Experiential Learnings	4 field trips per year	Attendance Report	Each field trip often last half-a-day
<u>Incarcerated Mother</u> : Number of befriending session	52 sessions	Attendance Report	Befriender has one-on-one session in prison. 1 session per month
<u>Incarcerated Mother</u> : Number of self-authored book	1 printed book	Printed book	1 copy each to be provide to child and Prison.
<u>Incarcerated Mother</u> : Number of audio recordings	12 audio books per parent	Recording of audio books	
<u>Child & Mother</u> : Number of Child & Mother open visit in-prison reading session	1 sessions per year	Attendance Report	



*Together we
can give the
children a
fairer start
in life*



We help provide children with essential educational skills namely reading and pro-social skills.

This ensures they
aren't left behind
in the crucial early years of their development.



Mother and child re-writing the stories of their lives

Mother and child creating new life stories





Contact us

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Visit us

www.newlifestories.org.sg



Thank You